## Shantilal Shah Engineering College, Bhavnagar

## **Report on Expert Talk**

Topic : CPR – "Gift of Life " : A Project by Rotary Club of Bhavnagar Vibrant Expert : Dr. Shailesh Jepiwala and Dr. Kashmiraben Kothari Date : 23/02/2024

Shantilal Shah Engineering College, Bhavnagar in collaboration with Rotary Club of Bhavnagar Vibrant organized an expert lecture on CPR Awareness and Training on 23rd February, 2024. Principal, Dr. G. P. Vadodariya formally welcomed all guests and shared his thoughts about various students' clubs and initiating a healthy campus through different activities. Dr. Shailesh Jepiwala, the seaker of the session, explained basic of functioning of heart, issues and reasons for cardiac problems, symptoms and precautions for heart related complains. Dr. Jepiwala discussed difference between cardiac arrest and heart attack at length. He also shared a list of medicines which everybody should carry for situations of heart related emergency. Step by step procedure of CPR on power point slides followed by hands on practice on a manikin generated great interest in students. The session ended with questions from students and staff members. Dr. Jepiwala's responses and a few tips made audience realized that the knowledge of CPR can be a life saving skill at any point of medical emergency. At the end, Dr. Kashmiraben Kothari, shared different activities of Rotary Club of Bhavnagar Vibrant very briefly. Around 20 staff members and 75 students participated in this event. A team of representatives from Rotary Club of Bhavnagar Vibrant was also present throughout the talk.



