



शांतिलाल शाह इजनेरी महाविद्यालय
(गुजरात राज्य संस्थान)
सिदसर केम्पस, पोस्ट वरतेज, भावनगर - ३६४ ०६०
गुजरात, भारत
Shantilal Shah Engineering College
(Gujarat Government Institution)
Sidsar Campus, Post Vartej, Bhavnagar - 364 060
Gujarat, India



Phone : (+91) 63519 63332

Website : www.ssec.cteguj.in

Email : ssec-bhav-dte@gujarat.gov.in

Date: 21/06/2021

A report on celebration of International Day of Yoga (IDY) 2021 at Shantilal Shah Engineering College, Bhavnagar

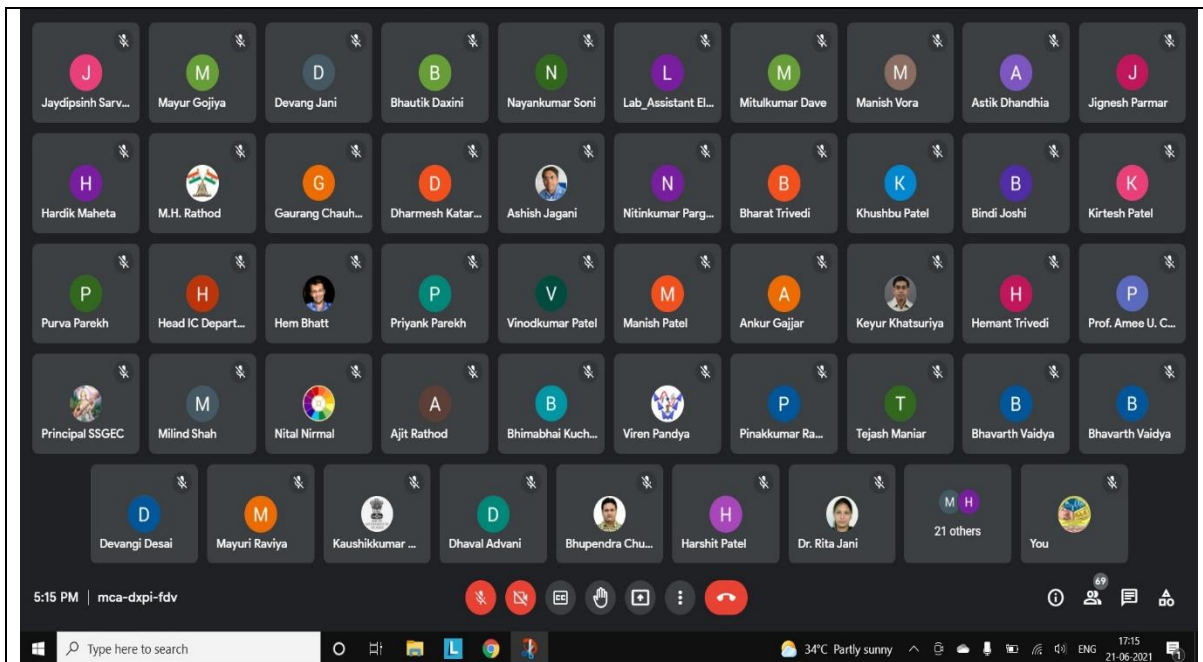
With reference to letter from head office and Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy (AYUSH) our institute under took the following activities to celebrate the 7th International day of Yoga (IDY). IDY 2021 remains a Covid-compliant event based on the leading directions of the Government by virtual activities.

The objective was to build an enduring public interest in Yoga by highlighting its importance and contribution as a significant asset for improving public health.

We had organized a video demonstration of Yoga through google meet to increase awareness among the staff and students about IDY 2021. We had displayed the logo of IDY on our website and uploaded the guidelines for IDY observance on the college website. Our institute had displayed the link of the IDY Handbook containing activities for International Day of Yoga (IDY-2021).

Women Faculty members and girls' students of our institute had arranged one online yoga session on "Yoga for Women's Health and Mind balance" to uplift the psychological and physiological aspects of health on 'International Day of Yoga'. Expert trainer, Prof. Amisha Pathak (Asst. Prof. GEC, Bhavnagar) gave live yoga session on "YOGA for women's health and Mind Balance".

We had circulated materials related to Yoga to all the staff and faculty of institute so that it can be further shared externally to raise awareness.



Paras Gosai is presenting

5:21 PM | mca-dxpi-fdv

Screen Recording (6-21-2021 5:16-00 PM)

4:34

11:57 AM 6/24/2021

HOME ABOUT INSTITUTE DEPARTMENTS DISCLOSURE NOTICES IMPORTANT LINKS

STUDENT SECTION NOTICES

- Guideline and Important Instruction regarding Online MCQ Summer-2021 Examination for the Regular Students of Final Semester of UG/PG Courses
- students list of remaining term fees for sem-1,3,4,6,8
- Reschedule Online Pre-check Test for BE sem.8 regular and term.ext.student summer-2021
- Regarding Merit based Progression to Intermediate Semester Students
- M.E.sem.3 Remedial and term extension students exam form schedule Summer-2021
- B.E.sem.8 Regular and term extension students exam form schedule Summer-2021
- Get Vaccine Before Exam Winter-2021
- Regarding Summer-2021 University Examination

VIEW ALL →

TRAINING AND PLACEMENT NOTICES

- Wiley-mthree Internship/recruitment notice for 2021 circuit branch (Elec/EC/IC/IT) batch students
- Webinar on Email etiquettes by SkillsPire
- Training/Placement opportunity at Biztech CS for 2022 batch B.E. (IT) students
- Matrix Comsec campus drive for 2022 batch B.E./M.E. (EC/IT) students
- Internship Opportunities at OpenFive (Bengaluru/Pune)
- Campus interview by Acty systems for B.E. (IT) candidates

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ANNOUNCEMENTS

- The IDY Handbook containing activities for International Day of Yoga (IDY-2021)
- Common Yoga Protocol - Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy (AYUSH)
- SSEC donates 70 3D-Printed facemasks to Sir T. Hospital
- AICTE Offers 49 Free E-Learning Courses for Students in View of COVID19 Pandemic
- GKS-TCS Training Courses for Students

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